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## July's Tasty Recipe List

The theme for July is camping and paddling. The following recipe is provided to inspire you to think about all you can do for a tasty new meal while out camping! Visit [www.take-it-outside.org](http://www.take-it-outside.org) for event listings, outdoor activities describing seasonal & natural events, a new recommended reading list each month, and much more!

### Omelet in a Baggie

This is fun for kids to 'help' make. Plus it's really yummy!

- 2 large eggs
- sausage, bacon, or ham
- any of your favorite omelet veggies
- shredded cheddar cheese
- salt and pepper to taste

Crack eggs in a ziplock bag. Add shredded cheese. Add meat and veggies salt and pepper to taste. As long as you have squeezed out as much air as you can, allow the kids to smoosh the baggy to mix up the egg. Put baggy in a pot of boiling water for about 5 to 10 min. Then just cut bag off and serve!