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July's Tasty Recipe List

The theme for July is camping and paddling. The following recipe is provided to inspire you to think about all you can do for a tasty new meal while out camping! Visit www.take-it-outside.org for event listings, outdoor activities describing seasonal & natural events, a new recommended reading list each month, and much more!

Sausage Foil Lunch

One of my favorite camping lunches! It cooks in the coals long enough for me to get stuff done around the camp while it's cooking.

4" length of kielbasa or polish sausage

¼ onion, sliced

Small piece of mozzarella cheese (I use cheese sticks)

Small potato, sliced

Slice lengthwise down the sausage. Stuff with sliced onion and chunk of mozzarella cheese. Layer sliced potato on foil (big enough to envelope sausage and potato). Place sausage in middle and wrap together. Wrap this foil package with another foil, but have the seam on opposite side. This prevents any leakage. Place in hot coals of a "dying down" fire for ½ hour.